




**Relationships
and change**


Sexual Harassment




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Ground rules




- We will always respect everyone in the group.
- We will be sensitive to everyone's different backgrounds, needs and experiences.
- We will keep people's names OUT of class discussions.
- We know that there are no wrong answers.
- We know that we don't have to answer or discuss things we don't want to.
- Language – derogatory language can often be part of Sexual Harassment. Any language used today is only to be used in the context of this lesson.
- Offensive language is ONLY to be used where relevant and is not to be used out of context.




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Learning Objectives 

- Definition of sexual harassment
- Learning the different types of sexual harassment
- Consequences of engaging in sexual harassment.
- Where to go for support and how to help your friends.



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1. What is Sexual Harassment?

Sexual Harassment (SH) comprises unwanted attention, sexual advances and intimidating behaviour .

It is usually directed towards women and often oppressed groups within society. However, it can be experienced by ALL

Think, Pair, Share: What behaviour would be defined as Sexual Harassment? (2 mins)




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2. What can be defined as Sexual Harassment?



Staring
Rape jokes
Stalking Groping
Intimidation
Sexual comments
Catcalling
Name calling Threats
Wolf-whistling

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Sexual harassment can happen in person or online - It can be someone you know or someone you don't.....

It is NOT OK.

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Sexual harassment is unwanted conduct of a sexual nature that can occur online or offline.
 It can be categorised as verbal/written, non-verbal, visual and physical:



<p>Verbal/Written: Comments about clothing, personal behavior, or a person's body; sexual or sex-based jokes; requesting sexual favors or repeatedly asking a person out; sexual innuendoes; telling rumors about a person's personal or sexual life; threatening a person, sending emails or text messages of a sexual nature</p>	<p>Visual: Posters, drawings, pictures, screensavers, emails or text of a sexual nature</p>
<p>Physical: Impeding or blocking movement; inappropriate touching of a person or a person's clothing; kissing, hugging, patting, stroking – (some may cross into sexual violence / assault)</p>	
<p>Nonverbal: Looking up and down a person's body; derogatory gestures or facial expressions of a sexual nature; following a person</p>	

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Not every scenario is easy to categorise

Different people will have different boundaries when it comes to flirting/ fun and harassment.

How can we ensure that we know each others' boundaries?

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Sexual Harassment vs Sexual Assault Definitions



1 . What is Sexual Assault?

3. How are the two different? Or are they the same?

Step 1 - **Discuss** with partner on your desks and finalise your definition of what behaviour would be Sexual Assault? (2 mins)

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Definition- Sexual Assault/ Violence




In line with Sexual Offences Act 2003.

Sexual Assault – A person intentionally touches another person, the touching is sexual. The person (B) does not give consent.

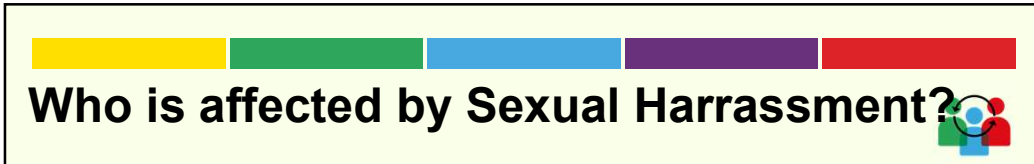
Sexual assault (Physical sexual abuse) is a crime – the age of criminal responsibility in the UK is 10 years old.

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**ANY ACTION OR WORDS
THAT MAKES ANYONE
FEEL IS
UNCOMFORTABLE
IS NOT OK!!!**

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Who is affected by Sexual Harrassment?


Look at the people below - who is most likely to be affected by Sexual Harassment? _____
Is anyone never going to be affected by Sexual Harassment?
Discuss in pairs (3 mins) – SHARE as class (5 mins)




**Lianna
, 12**




**Sam and
Tara, 18**




**Aaliya,
36**



**Michael,
42**



**Natalia
, 29**




**Taylor,
24**


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Impact of Sexual Harassment


In pairs, think about ways in which the people we saw before might behave differently after being sexually harassed . What might they change about their behaviour and actions? Is this fair?




Lianna
 , 12




Sam and Tara, 18




Aaliya,
36



Michael,
42



Natalia
 , 29



Taylor,
24

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Sexual Harassment can make a person feel.

- Threatened
- Exploited
- Coerced
- Loss of dignity
- Upset
- Sexualised
- Feel guilty or like the are to blame.

..... To make a person feel any of these things is NOT ok.

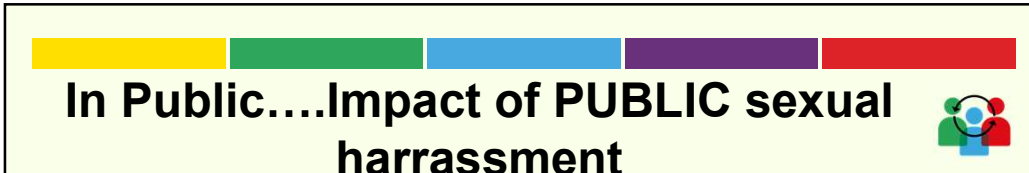
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SEXUAL HARASSMENT CAN HAPPEN ANYWHERE

LET'S LOOK AT THE FACTS.....

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In Public....Impact of PUBLIC sexual harassment


Post it notes/ whiteboards activity: guess the answer to the questions as a percentage (0-100%)

- How many girls experience SH at least once a month? **38%**
- How many girls have experienced SH in their school uniform? **35%**
- How many girls and young women have experienced sexual harassment in school or college? **59%**
- How many girls tell no one about their experience of PSH? **42%**

What do you think happens when no one speaks up on an issue like this? Would you try to speak up?

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Stats – Step up! Speak up!
Do these stats surprise you? Discuss 2 mins.



64% of girls aged 13-21 have experienced Sexual harassment or sexual violence at school or college in last year


37% of female and 6% of male students have experienced some form of sexual harassment at school

Almost a quarter (24%) of girls and 4% of boys have been subjected to unwanted physical touching of sexual nature while at school

31% of students aged 13-17 have been victimised with unwanted sexual messages and images from peers online.

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How can we tackle sexual Harassment ?



What can we do as people, community, society to stop sexual harassment – discuss in pairs these different scenarios. :

She shouldn't wear skirts that short if she doesn't want to attract attention...

I'm going to tell my teacher that someone put their hand up my skirt on the school bus.

Why was she walking alone late at night anyway?


I hope my friend is alright - that man shouldn't have spoken to her like that.

It's just a funny joke - they should learn to take a compliment!


I only said something - it's not like I actually touched them. I didn't break any laws. They need to lighten up.

It's not her responsibility to be safer, it wasn't her fault that she was harassed.

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How can we tackle Sexual Harassment?




Watch this video:
<https://www.theguardian.com/global/video/2019/oct/10/he-said-id-break-the-law-for-you-i-was-13-calling-time-on-street-harassment>



Now answer the following questions.

1. How does the video make you feel?
2. Do you feel some optimism about the people standing up to public sexual harassment?
3. Do you think that the UK should pass a law about this harassment like France did?

Whilst this video talks about street harassment – remember that harassment can happen in a work place, at school, at a party and also online - wherever it is – It is NOT ok!




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Why do you think some people who have experienced sexual harassment do not report it?


Post it notes – write and put on board - teacher to read out.



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Barriers to help seeking







1. People might delay seeking help as they are worried about being seen to over-react, or about getting people into trouble unnecessarily.
2. Inappropriate behaviour is to be expected.
- 3 . It might just be a coincidence when someone keeps bumping into a person, particularly in a small community like school.
4. They think School or the Police don't take sexual harassment seriously so there's no point contacting them.


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What Could they do?







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Sexual Harassment




- Is not OK – it is not tolerated and not acceptable
- It is not a “joke / banter”.
- It is not an acceptable part of growing up or just “ boys being boys” or “girls being girls” . It is unwanted sexual behaviour that makes someone feel uncomfortable.
- It can be against all genders (man to woman, woman to woman, man to man. Woman to man)
- It can be of many different forms – online, messaging, flicking bra straps, lifting skirts, images, language or gestures (to name a few.)
- It is a form of bullying.
- Tolerating this type of behaviour risks normalising this behaviour
- AND **it is not OK to** make anyone feel this way.



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Help is out there;



If you have experienced sexual harassment or seen/ witnessed sexual harassment

- Speak to someone – at home , at school, a friend – someone you trust.
- “Report it” button at Uffculme school – we will come and speak to you and discuss the next steps.
- Online – block the person and report to someone and the provider.
- Sexual assault (Physical sexual abuse) is a crime – the age of criminal responsibility in the UK is 10 years old.



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