

Revision MADE easy: 5 key steps



1. **CHUNK** the revision into three sections:

What	How	Things you need
1. Read	Spend time reading class notes/revision pages and highlight /underline with coloured pens to extract key pieces of information	Text, revision guide, notes. Highlighters/pens.
2. Transform	Take the key pieces of information and create a revision tool e.g. a mind map of flash cards. Change the information from words into something more memorable . Use colour, use dual coding (meaningful pictures)	Plain A4 paper, coloured pens, highlighters, flash cards.
3. Recall	Use the resource you just made. Learn it, test yourself , consciously switch on your focus and commit to learning the information	The resource you made, focus, someone else to help test you.

2. Remember to **SPACE** your time: *1 hour per subject*

1. Read	Short break	2. Transform	Short break	3. Recall
20 minutes		20 minutes		20 minutes

3. **PLAN** your revision carefully.

Consider how you use your **time after school**:

Home from school at	Bed at	Available time	Time needed for 'must do' activities	Time for homework	Time for revision	Time for chill

An example...

Home from school at	Bed at	Available time	Time needed for 'must do' activities	Time for homework	Time for revision	Time for chill
4pm	10pm	6 hours	2 hours	1 hour	1 hour	2 hours

And consider how you use your **time at weekends/during holidays**:

Split the day into three 2 hour slots and assign one to 'free time' and the other to revision time (total of 4 hours)

2 hour – am	
2 hour – pm	
2 hour - evening	

Example...

2 hour – am	Revision
2 hour – pm	FREE TIME
2 hour - evening	Revision

4. Remember to set up a **DESIGNATED STUDY AREA**...that is *different* from your 'chill' area. Sit at a desk, which is well lit and away from distractions. NO MOBILE PHONES or devices. Switch it off! Remember Danny says "put it in a drawer, next door!"

5. Complete your **REVISION FIRST**, then chill. Reward yourself for doing it.