

Other Support

Flexible Learning Centre

Mrs Edworthy manages the Flexible Learning Centre and provides support to students who find working in mainstream classrooms difficult.

Phone: 01884 840458 ext 309

Email: edworthyb@uffculmeschool.net

Learning Support

Our Learning Support Team provides support for students with cognition and learning needs, physical and sensory needs and speech, language, communication and interaction needs (including Autism).

School Nurse

Sandra Williamson 0333 234 1903

ChatHealth 07520 631722

Text service for young people aged 13- 19 at secondary school to reach out to the School Nurse team for confidential advice on a wide range of issues such as bullying, emotional health and wellbeing, sexual health as well as illnesses.



ChildLine has a free helpline where you can talk to someone in confidence at any time of the day or night.

www.childline.org.uk



Kooth.com offers free online support for young people including online counselling.

Helping students to achieve their personal best.

Uffculme School Promise

The Uffculme Promise

We want to be a school where:

New experiences and opportunities are shared and memories are created.

Young people have high self-esteem and confidence in their abilities.

Lively and enquiring minds are inspired to develop and achieve.

Everyone is included and everyone matters.

Success is recognised and celebrated.

It's cool to succeed.



Uffculme School
Chapel Hill
Uffculme
Devon EX15 3AG

Phone: 01884 840458

www.uffculmeschool.net



Looking out for our students



Student Welfare Services



Tel: 01884 842919



Student Welfare Officer

Sometimes things get in the way of you achieving what you want to achieve. This can make you, feel stressed, worried, anxious, scared, sad or angry.

Our Student Welfare Officer is Mrs Balado. Mrs Balado is here to provide additional emotional and behaviour support for some of our young people who are struggling with emotional issues or at risk of exclusion.

If you wish to see Mrs Balado you can speak to your tutor, head of year or Mr Lepper. They will talk to you about your problem and work out if a referral to Mrs Balado is suitable for you.

You can also contact Mrs Balado directly by email or leaving a note in the post box in the waiting area of the Student Welfare Room.

Baladok@uffculmeschool.net

The Student Welfare Room is located in the centre of our school. It is opposite 'P' block and 2 doors down from the 'staff only' entrance to the library.

Mrs Balado is usually in the Student Welfare Room at break, lunchtime and after school.

Shining the light on the right path.

How is support provided?

Support is tailored to your individual needs and is aimed at helping you to identify your own solutions.

Support is provided either one to one, or in small groups, and can include the following:

- * Listening to your concerns and worries.
- * Helping you to identify what might make a difference for you.
- * Helping you to manage your strong emotions such as worry, stress or anger.
- * Relaxation techniques.
- * Referring to other support agencies such as bereavement counselling.



Listening Ear



Drop In

Monday lunchtime in the Flexible Learning Centre.

This is a support service offered by our School Nurse, Sandra Williamson. It is a place to find out about issues that affect your well being. Sandra can support you with issues like bullying, relationships, drugs, healthy eating, getting healthy, staying healthy, work, families and much, much more.

You can talk privately to Sandra or you can simply come and join in as part of a group. Just come along any Monday lunchtime to the Flexible Learning Centre (the hut next to the cage).



Here to help

Karina Balado
Student Welfare Officer
Uffculme School
Chapel Hill
Uffculme
Devon EX15 3AG

Phone: 01884 840458 ext 219
Phone: 01884 842919 (direct)

E-mail: BaladoK@uffculmeschool.net