

Other Support

Flexible Learning Centre

Mr Ellis manages the Flexible Learning Centre and provides support to students who find working in mainstream classrooms difficult.

Learning Support

Our Learning Support Team provide support for pupils with autism, sensory and physical disabilities, learning difficulties, dyslexia and other additional needs.

School Nurse

Sandra Williamson.
07811 227 998

Online & Phone support

ChatHealth

Young people aged 11–19 can text a school nurse for confidential advice and support. on things like bullying, relationships, mental health, self-harm, drugs & alcohol.

Text 07520 631722



Childline has a free helpline where you can talk to someone in confidence at any time of the day or night.



Kooth offers free online support for young people including online counselling.

www.kooth.com

Helping students to achieve their personal best.

Uffculme School Promise

The Uffculme Promise

We want to be a school where:
New experiences and opportunities are shared and memories are created.

Young people have high self-esteem and confidence in their abilities.

Lively and enquiring minds are inspired to develop and achieve.

Everyone is included and everyone matters.

Success is recognised and celebrated.

It's cool to succeed.



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Phone: 01884 840458
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Looking out for our students



Student Welfare Services



Tel: 01884 842919



Student Welfare Officer

Sometimes things get in the way of you achieving what you want to achieve. This can make you, feel stressed, worried, anxious, scared, sad or angry.

Our Student Welfare Officer is Mrs Balado. The Student Welfare Room is located in the centre of our school. It is opposite 'P' block and 2 doors down from the 'staff only' entrance to the library. Mrs Balado is here to provide additional emotional and behaviour support for some of our young people who are struggling with emotional issues or at risk of exclusion.

If you wish to see Mrs Balado you can speak to your tutor, head of year or Mr Lepper. They will talk to you about your problem and work out if a referral to Mrs Balado is suitable for you. You can also contact Mrs Balado directly by email or leaving a note in the post box in the waiting area of the Student Welfare Room.

Baladok@uffculmeschool.net

Shining the light on the right path.

How is support provided?

Support is tailored to individual needs and is aimed at helping you to identify your own solutions.

Support is provided either one to one, or in small groups, and can include the following:

- ☞ Listening and helping you identify what might help.
- ☞ Helping you to manage your strong emotions (for example worry, stress or anger).
- ☞ Relaxation techniques.
- ☞ Referring to other support agencies such as bereavement counselling.

Mrs Balado is

*** a listening ear ***
*** someone you can talk to ***
*** someone whose main job is to help look after the welfare of our students ***



Listening Ear

School Nurse Drop In

Every other **Monday lunchtime** in the **Flexible Learning Centre.**

This is a support service for all of our young people. It is a chance to get help with issues that affect your well being. The school nurse can offer support with things like bullying, relationships, drugs, healthy eating, getting healthy, staying healthy, work, families and much, much more.

You can talk privately with the school nurse. You don't have to make an appointment

Our School Nurse is

Sandra Williamson.



Here to help

Karina Balado
Student Welfare Officer
Uffculme School



Phone: 01884 840458 ext 219
Phone: 01884 842919 (direct)
E-mail: BaladoK@uffculmeschool.net