

20 September 2021

Dear Parent/Carer

I am writing to let you know about the Personal Development programme that your child will be following in Year 8 this year as well as to introduce ourselves, Miss Francombe, Assistant Head, and Mrs Reed, who leads on the PD provision. We will be your first points of contact should you have any questions or concerns regarding PD.

This year your child will be following a carousel programme of topics, where they will study 4 key topics with subject specialists in six-week blocks.

The programme will include the following topics:

- Relationships
  - In this unit students will think about different types of relationships and will discuss the issues of consent and healthy relationships as well as considering what we mean by safe sex and the importance of making choices and decisions that are right for them.
- Drugs, Smoking and Alcohol
  - In this topic students will research and discuss the issues around smoking, drinking alcohol and caffeine drinks. They will be encouraged to develop their own thinking around the risks presented by this behaviour.
- Law and Order
  - In this carousel students explore our UK's democratic process, understand key terminology and ensure that they have the opportunity to debate and explore some current political and social issues including children and the law and making sensible choices online. This unit also includes a visit from a Magistrate and a mock trial.
- Roles in society
  - Students will look at citizenship and what factors contribute to a successful society. They will explore two strands of society, financial stability and sustainability and our roles as citizens.

In addition to these topics, students will be taught sessions about anti-bullying, STEM careers, mental and physical health as well as basic first aid. Students will also have the opportunity to take part in Money Wise sessions which aim to teach young people about basic finances and responsibility with money.

The programme has been informed by best practice at a local and national level and also meets statutory guidelines provided by the Department for Education. The programme is designed to equip your child with the knowledge and skills they need to make good choices at an age-appropriate level. You are central to

your child's education about personal development, and we are keen to ensure that parents are informed and consulted about the Personal Development programme at Uffculme School. If you would like any further information about any of the topics outlined above, would like to discuss any concerns or would be interested in contributing or attending parental workshops on any of the topics, please do get in touch.

Thank you for your continued support.

Yours sincerely



**Katie Francombe**  
**Assistant Head**  
[francombek@uffculmeschool.net](mailto:francombek@uffculmeschool.net)



**Kate Reed**  
**Personal Development Lead**  
[reedk@uffculmeschool.net](mailto:reedk@uffculmeschool.net)