

14 September 2021

Dear Parent/Guardian,

At some stage this year your child will start Food Preparation and Nutrition lessons. These lessons will run on a rotation so they may not begin them straight away.

Throughout the rotation, your child will be expected to participate in practical cooking lessons which will be recommencing, and which will mostly take place on a fortnightly basis. Your child will always be given advance notice of practical lessons by their class teacher.

For practical lessons, your child will be required to bring the correct ingredients into school, along with a suitable sized container to transport food home in. Due to time constraints, we ask that where possible ingredients are weighed out in advance at home, with all ingredients and containers labelled with your child's full name and tutor group. These need to be stored by students in the Food storage area by the Food classrooms before registration and products made need to be collected by them at the end of the school day. We want to encourage students to take pride in their products and ask that they take them home to be consumed/shared.

Ingredient lists and recipes can be found on the School Website ([Food Preparation & Nutrition | Uffculme School](#)) and will also be made accessible to students online. Practical methods will also be included so that dishes can be practiced or re-made at home should you wish to. We encourage students to adapt recipes where necessary to suit needs and preferences.

Being organised for these lessons is vital. Therefore, we ask that if there is a reason that your child is unable to bring ingredients for a lesson, their class teacher is contacted in advance.

I hope that your child enjoys their time studying Food Preparation and Nutrition, and I hope that you enjoy sampling the products that are brought home.

If you have any queries, please do not hesitate to contact me or your child's class teacher and thank you in advance for your support.

Yours sincerely



Mrs H Bishop
Head of GCSE Food Preparation and Nutrition
bishoph@uffculmeschool.net