

February 2018

Dear Chef

Year 7 Cookery Club

This half term we are going to focus on more hearty and healthy meals. These dishes will complement this time of year and will provide plenty of nutrients to keep our bodies and minds healthy. As we head closer to Easter we will bake some delicious Easter treats to share with our family and friends. We of course will continue to improve our skills and understanding within the kitchen, as well as enhancing our knowledge of different recipes.

The club will run for six weeks on Tuesdays after school (3.35-5pm), starting on Tuesday 20th February:

- Week 1 20th February Introduction (no ingredients needed)
- Week 2 27th February Sausage Casserole
- Week 3 6th March * **NO CLUB** *
- Week 4 13th March Sweet Potato and Lentil Curry
- Week 5 20th March Chocolate Easter Nests
- Week 6 27th March Simnel Muffins

Recipes will be on the portal: School Life > Extra-Curricular > Cookery Club

If there are any ingredients that you are unable to get please see me before the next session so that I can arrange to get them in for you.

To attend the club you must complete and return the attached consent form to me by Friday 9th February or place it in the box in C1. Places are limited and will be allocated on a first come first served basis. As budding chefs a professional approach to the club is expected along with a positive attitude. I look forward to welcoming you to Cookery Club.

Miss L Green

Year 7 Cookery Club

I am happy for (Pupil's Name)..... Tutor Group.....
to attend Cookery Club on Tuesdays after school, 3.35–5pm starting on 20th February for six weeks. I am happy with the information provided for me by the school and am not aware of any medical reasons why my child should not take part in the activity. **NOTE: NO CLUB ON 6TH MARCH**

They have/do not have any special dietary needs or allergies. *Please delete as appropriate and give details of any dietary needs/allergies below:*

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Signed (Parent/Guardian)..... Date

Please return slip to Miss Green or place in the box in C1.